

## The Amazing Single Spot

By Joscalyn Hocking – 7th Grade



Take a minute and close your eyes and imagine yourself sitting in the middle of a meadow listening to everything around you. You can hear every note in the bird's song. That is what we do one Tuesday out of every month. We call it our single spot.

We picked our spot in either the woods, on the prairie, in the butterfly garden, or in the rain garden. We carry our journals to our single spot. There we have fifteen minutes of complete silence to observe and write down what we see, hear, and feel. Then we reflect or draw a picture or write a poem/story on the experience.

When students were asked about single spot, Megan Mueller said, "I give Single Spot a 5. I like drawing pictures of the surroundings."

Joscalyn Hocking added, "I love single spot. I love to see what is under the towering plants. Maybe an animal will be living there."

Ms. Tess rated Single Spot a 5. "It gets kids outside observing and reflecting on nature. If they are quiet, I think they will be surprised by what they see and hear."